

Person-centered Principles or Person Centered Planning

The principles of person-centered planning include:

1. Person-centered planning builds on the individual's strengths, gifts, skills and contributions.
2. Person-centered planning supports personal empowerment and provides meaningful options for individuals to express preferences and to make informed choices in order to identify and achieve their hopes, goals and aspirations.
3. Person-centered planning is a framework for providing services, treatment, supports and interventions that meet the individual's needs, and that honors goals and aspirations for a lifestyle that promotes dignity, respect, interdependence, mastery and competence.
4. Person-centered planning processes create community connections. They encourage the use of natural and community supports to assist in ending isolation, disconnection and disenfranchisement by engaging the individual/family in the community.
5. Person-centered planning sees individuals in the context of their culture, ethnicity, religion and gender. All of the elements that compose a person's individuality uniqueness are acknowledged and valued in the planning process.
6. Person-centered planning supports mutually respectful partnerships between individuals and providers and recognizes the legitimate contributions of all parties involved.
7. Person centered planning promotes recipient self-direction and self-management.